



INTERNATIONAL KARATE ASSOCIATION & COLLEGE OF THE MARTIAL ARTS

We're Back In Business As "Un"usual Normal Class Schedule Resumes

Beginning Saturday, June 6, 2020, all classes at the International Karate Association & College of the Martial Arts will resume as normally scheduled with the following guidelines:

- MASKS ARE A REQUIREMENT of all people age 3-years and up whether participating in class or not.
- Depending upon the number of participants in a class, students will take turns on the floor to adhere to social distancing protocols. Example: if there are 20 people in class, the class will operate by taking turns with 10 on the floor and 10 off the floor and then switching.
- Some classes will take place outdoors weather permitting. Be prepared for an outdoor class by bringing proper footwear, water, and bug-spray if desired.
- Students of Aikido and Jujitsu will be required to bring a "safe" partner to work with. This person must be someone the student is in a living situation with. There will be no additional charge for a partner at this time; however, as time progresses and COVID-19 is under control, this requirement will be reassessed. The "safe" partner will be required to fill out a registration form and sign a waiver.
- If you are not feeling well, please do not come to the dojo.
- If you have been exposed to a person who is ill or has tested positive for COVID-19, please refrain from coming to the dojo.
- A temperature scanner is set up at the dojo and all those who enter will be required to scan their temperature before being allowed to remain in the dojo.
- Please come dressed for class as a full dressing room cannot be allowed.
- For those individuals not ready to come back to class, classes will still be available on Zoom. Please use the previously provided instructions to join.
- **In-class Hesitation:** the use of Zoom is an ongoing consideration. Consideration of the feelings of students who attend class in-person are important. If you are on the fence about attending a class in-person because of the camera recording for Zoom participants, please make your feelings known to Hanshi so adjustments can be made. Hanshi wants to know how you feel.

*Protecting yourself is self-defense. Protecting others is warriorship.
Be a warrior, wear a mask.*