

# IKA TOURNAMENT RULES - 2019

## KATA:

1. SCORE IS FROM 6.0 TO 8.0 - 7.0 IS THE AVERAGE.
2. FOR FIVE JUDGES, THE HIGH AND LOW SCORE WILL BE DROPPED. THE THREE REMAINING SCORES ARE ADDED. TIEBREAKER ONE: SELECTS THE HIGHEST OF THE LOWEST REMAINING THREE. TIEBREAKER TWO: SELECTS THE HIGHEST OF THE HIGHEST REMAINING THREE. IF STILL TIE, THE COMPETITORS WILL BE ASKED TO DO ANOTHER KATA. IF THREE JUDGES ARE USED, ALL SCORES COUNT.
3. IF THE KATA GROUPS ARE VERY LARGE, THEY MAY BE DIVIDED AT THE TOURNAMENT OFFICIALS' DISCRETION INTO TWO OR MORE RINGS. THE TOP FOUR FINALISTS FROM EACH GROUP WILL BE SELECTED (BROWN AND BLACK BELT). BLACK BELTS WILL PERFORM A DIFFERENT KATA FOR THE SECOND ROUND. THE POINT SYSTEM WILL BE USED, NOT THE FLAG SYSTEM. BROWN AND BLACK BELTS MAY PERFORM ANY KATA. THOSE IN THE BEGINNER CATEGORY MUST PERFORM HEIM, PINAN, GEKISAI, TEKKI, OR •OTHER EQUIVALENT BASIC KATA, BUT NO ADVANCED KATA.
4. BEFORE JUDGING BEGINS, THE JUDGES MAY ASK THAT A COMPETITOR PERFORM A TEST KATA TO SYNCHRONIZE SCORES.

## KUMITE:

1. SANBON SHOBU (3-POINT MATCH). 2-MINUTE RUNNING CLOCK FOR LOWER BELTS, AND 3-MINUTE RUNNING CLOCK FOR BLACK BELTS. CLOCK STOPS ONLY WHEN REFEREE CALLS TIME.
2. ATTACK TO FACE WITH PUNCH OR KICK WITH PROPER FORM IS WORTH 1 POINT.
3. ASHI BARAI (TAKEDOWN/SWEEP) WITH A PUNCH OR KICK FOLLOWING WITHIN 2 SECONDS IS WORTH 1 POINT IF THE OPPONENT GOES DOWN. (NO JUDO THROWS). ONE HAND GRABBING IS ALLOWED SO LONG AS THE SCORING TECHNIQUE HAPPENS WITHIN 2 SECONDS. ASHI BARAI ONLY ALLOWED IN BROWN AND BLACK BELT ADULT DIVISIONS.
4. ALL SCORING ATTACKS, REGARDLESS OF TARGET, ARE WORTH 1 POINT.
5. SHUTO, KENTSUI, TEISHO, URAZUKI, HAITO, URAKEN, KIZAME, MAWASHI GERI, YOKO GERI, USHIRO GERI, TOBI GERI, TAORI GERI, AND TAORI TSUKI ARE ALL LEGAL. PUNCHES TO THE BACK ARE ALLOWED WITH GOOD CONTROL.
6. JODAN (FACE) ATTACK IS ALLOWED FOR ALL LEVELS AND AGES. LIGHT FACE CONTACT IS ALLOWED ONLY FOR BROWN AND BLACK BELT ADULTS — BLOOD DRAWN OR THE SNAPPING OF THE HEAD BACK IS A PENALTY.
7. IF TAKEN TO THE GROUND, THE PERSON ON THE GROUND MAY ATTACK THE STANDING PERSON WITH A KICK TO THE FACE OR A PUNCH TO THE GROIN OR KICK TO THE FACE (NO CONTACT) FOR 1 POINT.
8. PROHIBITED: ATTACKS TO JOINTS, ELBOW STRIKES (EMPI), KNEE STRIKES (HIZA GERI), GROIN STRIKES ONLY ALLOWED FROM THE GROUND AFTER A TAKEDOWN.
9. ASHI BARAI (SWEEPING) ALLOWED FOR AGES 15 AND OLDER.
10. POINT SYSTEM SIGNALS: IPPON (FULL POINT) - STRAIGHT OUT TO SIDE , KACHI (WIN) - STRAIGHT UP

## PENALTIES:

- a) **EXCESSIVE FACE CONTACT.** FIRST TIME: WARNING (IF ACCIDENTAL WITH NO POINT SCORED, CHUKOKU); SECOND OFFENSE: ONE POINT AWARDED TO THE OPPONENT (HANSOKU CHUI). THIRD OFFENSE: OPPONENT WINS (HANSOKU).
- b) **JOGAI (STEPPING OUT OF BOUNDS).** MUST HAVE BOTH FEET OUT OF THE RING, NOT JUST ONE: FIRST TIME WARNING, SECOND TIME WARNING, THIRD TIME HANSOKU CHUI (ONE POINT AWARDED TO OPPONENT), AND FOURTH TIME— LOSS OF MATCH.
- c) **DELIBERATE LACK OF DEFENSE (MUBOBI) OR ATTACK TO ILLEGAL TARGETS.** FIRST TIME: WARNING; SECOND TIME: OPPONENT IS AWARDED 1 POINT (HANSOKU CHUI), THIRD TIME: LOSS OF MATCH (HANSOKU). IN THE CASE OF MUBOBI, THERE WILL BE NO PENALTY FOR INCIDENTAL CONTACT, NOR WILL THERE BE A POINT AWARDED TO THE SIDE EXECUTING THE PUNCH. IF AN ILLEGAL ATTACK DAMAGES THE OPPONENT, HANSOKU CHUI OR HANSOKU MAY BE IMMEDIATELY GIVEN, WITH FOREWARNING.
- d) **HANSOKU (DISQUALIFICATION).** REFEREE MEETS WITH JUDGES BEFORE DISQUALIFICATION OF COMPETITOR. SHIKAKU (EXPULSION FROM TOURNAMENT FOR EXTREME BEHAVIOR): REFEREE MEETS WITH JUDGES BEFORE EXPULSION.
- e) **PENALTIES WILL BE IN THREE CATEGORIES.** ONE FOR JOGAI (STEPPING OUT OF BOUNDS), TWO FOR EXCESSIVE FACE CONTACT, AND THREE FOR ALL OTHER PENALTIES. ALL PENALTIES OTHER THAN JOGAI AND FACE CONTACT ARE CUMULATIVE IN THE THIRD CATEGORY OF PENALTIES,

**NOTE:** MOUTHPIECE, GROIN CUP (MEN) AND GLOVES ARE MANDATORY. CHEST COVER IS OPTIONAL FOR WOMEN. HEAD GEAR MANDATORY FOR 12 YEARS AND YOUNGER. CLOTH SHIN COVERS ARE OPTIONAL. \*NO HARD PLASTIC PROTECTIVE GEAR MAY BE WORN - ALL GEAR MUST BE SOFT. NO WIRE FRAME EYEGLASSES OR GLASS LENSES — PLASTIC FRAMES AND LENSES ARE OKAY.